



# SIZE CHART

## GARMENT MEASUREMENTS

| SIZES                         | S   | M   | L   | XL  | 2XL | 3XL | 4XL | 5XL |
|-------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>A</b> 1/2 CHEST PIT TO PIT | 54  | 58  | 62  | 66  | 70  | 74  | 78  | 82  |
| <b>B</b> FULL CHEST           | 108 | 116 | 124 | 132 | 140 | 148 | 156 | 164 |
| <b>C</b> LENGTH               | 72  | 74  | 76  | 78  | 80  | 82  | 84  | 86  |
| <b>D</b> SLEEVE LENGTH        | 62  | 63  | 64  | 65  | 66  | 67  | 68  | 69  |

## HOW TO MEASURE

### A.

The most effective measurement is the pit to pit of a garment. This is taken by laying the garment flat, face up and measuring the cloth from its widest point from under the armpit to the other armpit 2cm below the armpit

### B.

Run the measuring tape around the fullest part of your chest, 2cm under your armpits and over the shoulder blades. Let your arms hang down in a relaxed, natural pose.

Do not puff out your chest or arch your back in any sort of pose that isn't natural or sustainable.

### C.

Measure from the side neckpoint to the bottom

### D.

Measure as pictured

